B. AMENDMENTS TO THE CLAIMS

Claims 1, 2, 7-22, 30, 31, 34, 37 and 47-55 are cancelled without prejudice.

Claims 3-6, 23-29, 32, 33, 35, 36 and 38-46 are withdrawn.

- 56. (new) A bat comprising:
- a substantially tubular body extending along a longitudinal axis, the body
- 3 having a handle portion and a tubular impact portion, the impact portion having an
- 4 inner peripheral surface, the impact portion being formed of a first material; and
- at least one sheet having a proximal edge, a distal edge, and first and
- 6 second side edges, the at least one sheet contacting at least a portion of, and extending
- around the inner peripheral surface such that the first and second edges each extend
- from the proximal edge to the distal edge along a path that is substantially non-parallel
- 9 with the longitudinal axis, the at least one sheet being formed of a second material
- which is different from the first material, the sheet being configured to be capable of
- moving independently with respect to the body during use, the second material being
- selected from the group consisting of a metal, a metal matrix composite material, a
- fiberglass composite material, a urethane and combinations thereof.
- 1 57. (new) The insert of claim 56 wherein the first edge overlaps the second
- 2 edge along at least a portion of the path to form an overlapped seam.
- 1 58. (new) The insert of claim 56 wherein the first edge is positioned
- 2 adjacent to the second edge along at least a portion of the path to form a non-
- 3 overlapped seam.

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- 1 59. (new) The insert of claim 56, wherein the path taken by at least one of
- 2 the first and second side edges between the proximal edge and the distal edge is selected

- 3 from the group consisting of helical, sinusoidal, convoluted, jagged, curved, irregular
- 4 and combinations thereof.
- 1 60. (new) The insert of claim 56, wherein the sheet has greater strength in a peripheral direction than in a longitudinal direction.
- 1 61. (new) A substantially tubular insert for a bat wherein the insert extends 2 along a longitudinal axis, the insert comprising:
- a plurality of reinforcing layers, at least one of the layers having a

 parallelogram shape, each layer forming at least part of a tubular shape and connected
- 5 to at least one of the other layers, each layer having a proximal edge, a distal edge, and
- 6 first and second side edges, the first and second edges of each layer extending from the
- 7 proximal edge to the distal edge along a path that is substantially non-parallel with the
- 8 longitudinal axis, the layers being formed of a non-wood based material.
- 1 62. (new) The insert of claim 61 wherein each layer is bonded to at least 2 one other layer, and wherein each layer overlaps at least a portion of the at least one 3 other layer.
- 1 63. (new) The insert of claim 61, wherein each layer includes a plurality of 2 fibers, and wherein the fibers of each layer are oriented in substantially the same 3 direction.
- 1 64. (new) The insert of claim 61, wherein the plurality of layers includes at
 2 least first and second sets of layers, wherein the fibers of the first set of layers are
 3 orientated at between 0 and 89 degrees relative to the longitudinal axis, and wherein the
 4 fibers of the second set of layers are orientated at between 90 and 179 degrees relative
 5 to the longitudinal axis.
- 1 65. (new) The insert of claim 64 wherein the fibers of the first set of layers 2 are orientated at between 65 and 85 degrees relative to the longitudinal axis, and

- wherein the fibers of the second set of layers are orientated at between 95 and 115
- 4 degrees relative to the longitudinal axis.
- 1 66. (new) The insert of claim 61, wherein the path taken by at least one of
- 2 the first and second side edges between the proximal edge and the distal edge is selected
- from the group consisting of helical, sinusoidal, convoluted, jagged, curved, irregular
- 4 and combinations thereof.
- 1 67. (new) The insert of claim 61 wherein the layers are comprised of a
- 2 material selected from the group consisting of a fiber matrix composite, a metal matrix
- 3 composite, a metal, a carbon matrix composite, a urethane and combinations thereof.
- 1 68. (new) The insert of claim 61 wherein each layer has a thickness between
- 2 0.003 inches and 0.015 inches.
- 1 69. (new) The insert of claim 61 wherein the majority of the plurality of
- 2 layers substantially overlap one of the other layers.
- 1 70. (new) The insert of claim 61 wherein at least one of the plurality of
- 2 layers has its first edge at least partially overlapping its second edge to form a single-
- 3 layer overlapped seam.
- 1 71. (new) The insert of claim 61 wherein at least one of the plurality of
- 2 layers has its first edge positioned adjacent to its second edge to form a single layer
- 3 non-overlapped seam.
- 1 72. (new) The insert of claim 61, wherein at least one of the plurality of
- 2 layers has a greater strength in a peripheral direction than in a longitudinal direction.